

Am I a Candidate for Reconstructive Therapy?

- **Do you take non-steroidal drugs to relieve:**
 - **Neck Pain**
 - **Back Pain**
 - **Ankle Pain**
 - **Wrist Pain**
 - **Elbow Pain**
 - **Knee Pain**
 - **Ankle Pain**
 - **Groin Pain**
 - **Headaches**
 - **Any Sprains or Strains**
- **Do your joints make sounds such as grinding, popping, clicking, or snapping?**
- **Do you lack strength and endurance because of chronic pain?**
- **Have you had six or more weeks of tendonitis, bursitis or new joint pain?**
- **Do you find the need to use a cane, walker or brace to do what you want to do?**
- **Have you used Chiropractic or Physical Therapy with only short term relief?**
- **Have you seen an Orthopedic Surgeon and they told you that you need surgery?**
- **Does your joint pain go away with rest, but get worse with activity?**
- **Have you had surgery for any joint, tendon or ligament injury that still is painful?**
- **Do you have swelling or aching in any joint, tendon or ligament after exercise?**
- **Have you seen Pain Management for steroid injections or nerve blocks without relief?**
- **Are you an athlete that has been injured and all treatments to this point have not worked?**
- **Do you sleep poorly, awake frequently, change positions, or wake up with a headache?**
- **Do you have chronic headaches that go away short term relief but return?**

If you answered yes, to any of these questions, you are a candidate for Reconstructive Therapy.